Kahakuhi O `Āinahau

The Flame of `Āinahau

A publication of `Āinahau O Kaleponi Hawaiian Civic Club

Holiday Issue 2020

Okakopa, Nowemapa, Kekemapa

MELE KALIKIMAKA!!!!!!

To `Āinahau `Ohana:

`Āinahau O Kaleponi Hawaiian Civic Club's

VIRTUAL CHRISTMAS PARTY

DATE: December 13, 2020

TIME: 3:00 p.m. to 6:OO p.m.

Surprise menu plans

Interactive Christmas games

Traditional 'Āinahau Christmas activities

you always enjoyed

An all-participant virtual Christmas caroling

(be in on this historic launch)

More awesome details to follow!!

Zoom Details will be send through email.

Board of Directors

Pelekikena
Pualani Hao
Hope Pelekikena `Ekahi
Charlene Kazner
Hope Pelekikena `Elua
Edye Hill
Pu`uku
Ualani Ho`opai
Kakau `Olelo Ho`opa`a
Sharon Abbott
Kakau `Olelo` Ho`oholo
Lehua Swope
Sergeant at Arms

Pelekikena Iho Nei
Eric Kakihara

Directors:
Ululani Cortez
Maile Hubbard
Linda McElrea
Mililani Magee
Jane Ka`ala Pang
Maggie Perry

Na Lei Makalapua Representatives:
Kehau Bryce
Gil Kveen

~~~~~~~

AOKHCC
12534 Valley View St.
#343
Garden Grove, CA 92845

Website:
http://www.aokhcc.org
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Aloha e Kākou ʻĀinahau members:

This year went by so slow and yet so fast at the same time. Despite staying home this year, ʻĀinahau was able to send 11 delegates to the Association of Hawaiian Civic Clubs virtual convention. This was thanks to our strong membership. Mahalo nui loa delegates for your representation at the 5+ days of kōmike meetings, workshops, and plenary. The voting on resolutions was exciting to watch with Robert's Rules of Order in action. ʻĀinahau submitted a video compilation for the Convention's virtual ʻAha Mele. Please join us for our virtual Christmas party and see this video. *It is sure to delight.*

Mahalo ū iā Kaʻala Pang i kou manaʻo *(Thank you for your knowledge)* and for chairing Kōmike Mālama Ola for another year. This committee provides invaluable health and well-being information through resources, health seminars, and committee work. Kaʻala's giving of her time and knowledge is invaluable to the Association and to ʻĀinahau.

Mahalo to Lehua Swope who has produced the Kahakuhi o ʻĀinahau newsletters this past year. If you have missed any and want to catch up, the prior editions are online at www.aokhcc.org. Maggie Perry previously kept us all informed and we are very grateful that Lehua has kept up this great legacy.

As we close out 2020, I want to mahalo everyone for staying with us as we stay close, yet so far away from each other. I hope everyone takes time to see their doctors, get their immunizations or vaccines, as needed, and continue to connect with family and other ʻĀinahau members. While the world waits for a vaccine that is reported to be imminent, we have another uptick in the amount of Covid positive cases. So, stay safe and healthy and if we don't see you at the virtual Christmas party, we will see you in the New Year. Thank you for allowing me to be your Pelekikena this year and Mele Kalikimaka a me ka Hauʻoli Makahiki Hou,

Mālama pono, Pualani Hao, Pelekikena

For our Christmas Party on December 13th, please remember to send your:

Fond memories of `Āinahau (one or two sentences)
Past `Āinahau Christmas Party photos
Photo of your Christmas decorations for this Covid inspired year
The names and ages of keiki participating at your hale (home)

Please send above items by 12/8 via email to

Maggie Perry at mapg5@msn.com

Convention Reflections by Kehau Bryce

Hu! What a crazy year this has been. The year 2020 will be remembered for the Pandemic, Black Lives Matter movement, and the Presidential election. I have chosen to remember the positives this year has provided.

A time to reflect and gain inner strength regardless of isolation or depression.

Reveling in the beauty of life and nature; a rejuvenation from congestion and pollution.

Remembering fondly the hugs and kisses, hi fives, and smiles with the knowledge that all things do pass. We will again be together.

As this year closes, I have also realized that " old dogs CAN be taught new tricks". Networking via Zoom meetings, Microsoft, Instagram, Facebook, Messenger, and all things digital, virtual, or otherwise were fascinating and intriguing. My mo'opuna cheer me on into this age of cyberspace.

As one of your delegates to our first virtual convention, I can say to you that I survived! Because of this virtual platform, I was able to attend more committee sessions and workshops than previous years. Additionally, no personal expenses were incurred, no dress up needed nor any driving necessary. The only requirement I encountered was the need for a quiet place with extraordinary internet connection.

Challenges of internet connection, voting protocol, new parliamentary procedures for our virtual meeting and may other "firsts" were experienced and ironed out with humor, patience and good fun.

EG: Chairperson	PLEASE MUTE YOURSELF	Chat box … we don't want to hear your background
	PLEASE UNMUTE YOURSELF	… we still can't hear you
Delegate(s)	CAN YOU HEAR ME?	…. Ouch, my ears
	Where is the "right" button?	…on your left
	Still waiting to get into room	
	Waiting…. Waiting….	
	I'M IN !!!	

In summary, our first virtual convention was a success. We were able to caucus and pass many resolutions and debate others. I would wholeheartedly endorse a dual in person/virtual platform for future conventions.

I want to Mahalo our membership for allowing me to represent our club. Mahalo nui Pelekikena Pualani, Charlene, and Eric for your guidance and kokua.

To each of our members, may the New Year bring many blessings.

E Malama pono a me ke Akua pu. A hui hou.

Kehau Bryce

Convention Reflections 2020 from Charlene Kazner

This certainly was a different Convention. Weeks prior to the Convention, I wondered how it was going to work virtually. I was pleasantly surprised on so many levels at how the Association and those coordinating the event put it together. We were able to hold our committee meetings, workshops, pau hana, plenary sessions, etc. just as we did at our traditional convention. It was great to virtually see our friends from other civic clubs and connect with them on Whova, a platform we all mastered.

Mahalo to our delegates for their enthusiasm and steadfast participation throughout the two weeks of Convention. Mahalo to Pua, Ua, Eric, Lehua, Lori, Edye, Kealoha and Hope for an awesome video submitted for the `Aha Songfest. You did us proud! And, Pua we loved the `Āinahau backdrops; not only one, but two.

Mahalo to Aunty Jane Ka`ala, Ua and the Kōmike Malama Ola Committee for the multitude of health resources available thru the Health Dashboard, the survey and the health basket opportunity drawings.

What seemed an almost impossible task months ago turned out to be a great success due to the hard work of the Association, Committee Chairs, Councils and Clubs along with the technology staff. A BIG MAHALO to all.

Let's start planning for next year at the Hilton Hawaiian Village on O`ahu.

Charlene Kazner

*****ELECTION 2020 FOR `AINAHAU**********BY LEHUA SWOPE

Every year we hold an election for the `Āinahau O Kaleponi Hawaiian Civic Club's Board of Directors. This year we will be electing three Board of Director Positions and one Na Lei Makalapua Representative. Due to the difficulty of the Corvid 19 restrictions we will do it all online. Here are the descriptions of the two positions that are being considered.

Directors: There are 6 Directors on the AOKHCC Board, three elected each year. They take on projects, coordinate some of our activities, fulfil club obligations, and advise the Board of Directors. We will elect three Directors to replace: Linda McElrea who is finishing her term, Jane Ka`ala Pang who finished out the term for Ua Ho`opai in 2020, and Mililani Magee who completed the term for Lehua Swope in 2020. We are looking for nominees for these three positions.

Na Lei Makalapua Representative (to the Mainland Council): The Representative attends the Mainland Council meetings and reports back to the AOKHCC General Membership. We are looking for nominees for one position.

Nominees must have been a member in good standing for at least one year and not served more than 4 consecutive years (two full terms) in that position. All terms are 2 years unless otherwise stated. Please refer to our Constitution for a description of the full duties of any office.

Nominations are now open on these four positions. You may nominate someone else or yourself. Please confirm with that person that they are eligible to fulfil their duties. Send your nominations to Lehua Swope, lehua3757@aol.com, or 3757 Cedar Avenue, Long Beach, 90807. You may also call it in at 562-726-1269.

Nominations will close on December 20 at our General Membership Meeting and the vote will be taken by email thereafter. Thank you for your cooperation. Lehua Swope

Getting with *Instragram* by Edye Hill

As many of you may already be aware, `Āinahau O Kaleponi has an Instagram Account. You can follow the Club's Instagram account which is under "ainahau.o.kaleponi" with these easy 3 steps:

Download and open the Instagram application on your smartphone. The icon is a brightly colored square with a camera line drawing. You can open the application by tapping on it. If prompted, you should log on to your Instagram account.

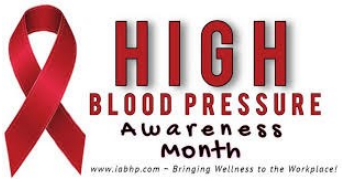
Then open the Search tab by tapping on the magnifying glass at the bottom of your screen. It will be the second icon next to the little house.

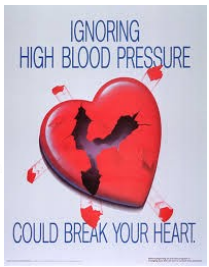
A search bar will appear at the top of the screen and there you can type in ""ainahau.o.kaleponi". You should be able to find the Club's account and you will see the AOKHCC Logo as the personal icon. Then hit the "follow" button and your Instagram account will automatically keep you updated on all our adventures.

The purpose of the Instagram Account is to further engage our members, serve as a recruitment tool for new members, and maintain a social media presence for our Club. This will be a great space to comment on our events, look back on our fun memories, and look forward towards future events.

If you would like to submit a photograph that could be selected and then featured on the Club's Instagram account, please send such photographs to edyehill@yahoo.com.

OCTOBER - BLOOD PRESSURE AWARENESS:





Watch your weight, loose weight as advised by yur doctor

Get at least 30 minutes of exercise a day, 150 minutes/week

If smoking, ***STOP*** Eat healthy

Keep moderate or stop alcohol

Take your blood pressure medicines as ordered by your doctor

Check with your physician about screeinng mammorgraphy

Report any breast changes to your doctor. Get your Mammorgram every 1-2 years. Join us to celebrate Breast Cancer Survivors on their journey for remission and full recovery. ***From Auntie Ka'ala Pang***

2020 AOKHCC Awards

Congratulations to Ualani Ho`opai – AOKHCC Member of the Year for 2020!

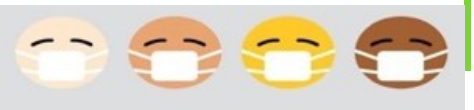
Ualani Ho`opai – 2020 Member of the Year

Jann Ualani Ho`opai, or as we know her, Ua, is a wonderful encourager; her "*you can do… "* attitude is shown in her bright smile and Aloha spirit. She is not one to tell you to go "learn it on your own", but prefers to say "*we'll figure it out together*" as she walks with you until you can run on your own. Ua has found her calling to support her people by advocating for the Native Hawaiian & Pacific Islander community specifically in the area of health, leaving a 25+ year career in the retail industry to achieve a Master's in Public Health degree in 2015. Recognizing the need to lead, whether it is to help out in the kitchen cutting vegetables, or balancing the books as our treasurer, she is always one to lead by example and get others involved in a common cause.

With all the shelter in place time we had this year and the familiarization of Virtual Meetings, Ua was a leader in starting *`Ainahau's 1st Virtual 'Olelo Classes.* Not at all an expert in virtual meetings, but recognizing this would be a great way to not only practice and learn `olelo but more importantly, to stay connected to each other, her "we can figure this out" attitude proved to be enough for classes to begin. Classes meet 3 times a week and has sparked a resurgence of members using `olelo Hawai`i within our day to day conversations, most especially in our club meetings.

`Ainahau would also like to honor those whos names have been recognized in the traditional Association of Hawaiian Civic Club Convention categories

Linda McElrea – Kako`o ia Kalaniana`ole Award
Ululani Cortez – Kalaniana`ole Award
Hubbard/Johnson `Ohana – Pualeilani Award



Don't Forget about the yearly Flu Season

From Auntie Ka`ala Pang

GET YOUR FLU SHOT TODAY!:
Kūpuna, check with your doctor as to the best FLU SHOT for YOU

MĀLAMA PONO: STAY WELL, STAY HEALTHY, STAY STRONG

Continue Social Distancing

Continue Hand washing

Continue to wear your Facemask

Disinfect frequently touched surfaces

Check out COVID-19 NHPI Updates:

www: PI-COPCE.org/COVID
www: NHPI COVID-19-Response, Recovery,

Calendar:

`Āinahau O Kaleponi Hawaiian Civic Club

Spoiler Alert!!! There are plans in the works.

Garage Sale: As soon as conditions allow. Collect your bits and pieces for our upcoming Garage Sale in the Fall. We have not had one in quite some time so this is your opportunity to clean out closets and help us out in our fundraiser.

Plate Lunch Fundraiser: I know you are longing for some 'real' food and the committee is working on getting a location. The idea will be to drive up and buy an `Āinahau food plate with our favorite items. The committee is looking for a location with access to a kitchen and a restroom for the workers.

Christmas Party: The Christmas Party is scheduled for December 13, but we are planning a Zoom type get-together where we gather in small Ohana groups and then zoom our party all together. See the flyer on the front page of this Newsletter.

General Meeting and Election,

December 20 from 2-4 pm online. Please attend if you can through your computer or phone.

2020 Meetings will be set in early January after the Board of Directors holds their calendar meeting.

Kolohe Lunch with Gil Kveen

Kolohe Lunch is not an AOKHCC sponsored event, however, the group visits some of the best lunch places in Southern California. For more information, call Gil Kveen at (714) 544-1000.

HELP!! HELP!! HELP!!

I have many members who do not have an email on file. If someone in your family is NOT getting our newsletter please send me their digits.

Lehua 3757@aol.com

Hau `oli La Hanau,
Hau `oli La Hanau……

Okakopa 2020

Wendy Pang
Gene Goto
Rose Burns
Corey Hayes
Makena Magee
BJ Rodrigues
Kelani Falasco
Jennell van Kooy
Kanani Hamilton
Kevin Bryce
George Santoro
Kimberly Valencia-Mercer
Jacob Linao
Kealoha Kakihara
Francine "Fran" Kauikeolani Kahikina
Laura Kakihara
Patty Hashimoto
Bradley Matsuda

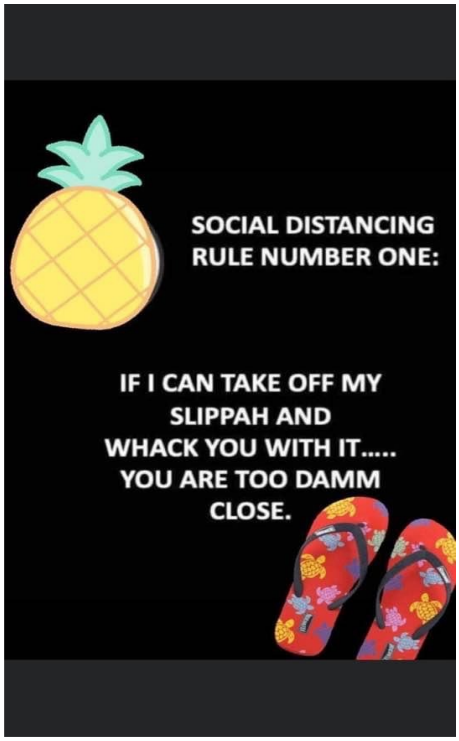
Nowemapa 2020

Tamrah Kazner
Paddy Kakihara
Laura Leialoha McEwan
Lani Goto
Nancy Kahakauwila

Kekemapa 2020

Maile Hill
Mapuana Newcomb
Lea Ka`ai
Agnes Kakihara
Scott Gehring
Scott Kazner
Steve Cullen

AUNT KATHLEE KA'AI'S ONOLICOUS HAOLE RECIPE FOR MOA (CHICKEN) LUAU



INGREDIENTS

8 SKINLESS CHICKEN THIGHS & BOX OF CHICKEN BROTH
6 LB CAN OF SPINACH (DRAINED)
NOTE: VERIFY DATE ON CAN. LATER THE BETTER
1 LARGE CAN of CREAM of MUSHROOM SOUP
2 CANS COCONUT MILK (JFC BRAND)
½ CUP SWEETENED COCONUT FLAKES

PREPARATIONS

BOIL CHICKEN IN WATER WITH ADDED BOX OF CHICKEN BROTH FOR ADDED FLAVOR.
SHREAD & SET ASIDE.
MIX CAN OF DRAIN SPINACH, CREAM of MUSHROOM SOUP, COCONUT MILK & FLAKES IN *POT* & COOK IN LOW HEAT FOR ½ HOUR.
ADD SHREADED CHICKEN TO *POT* FOR ANOTHER ½ HOUR & STIR. ADD PA'AKAI (HAWAIIAN SALT) SPARINGLY FOR FLAVOR

SERVINGS
25 KEPANESE
8 KANAKA (MAYBE)

NOTE: HE'E (SQUID) MAY BE USED AS A SUBSTITUTE
KEEP EXTRA CREAM of MUSHROOM SOUP &

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Tickles from Maile Hubbard

From the Senior Sampler Humor Corner:

Bertha and Betty, Two 90-year-old women, Bertha and Betty, had been friends all of their lives. When it was clear that Bertha was dying, Betty visited her every day. One day, Betty said, "Bertha, we both loved playing softball all our lives, and we played all through high school. Please do me one favor, when you get to heaven, somehow you must let me know if there's women's softball there." Bertha looked up at Betty from her deathbed and said, "Betty, you've been my best friend for many years. If it's at all possible, I'll do this favor for you." Shortly after that, Bertha passed on. A few nights later, Betty was awakened from a sound sleep by a blinding flash of white light and a voice calling out to her "Better, Better." "Who is it," Betty, sitting up suddenly. "Who is it? Betty it is me, Bertha." "You're not Bertha. Bertha just died. "I'm telling you, it's me, Bertha" insisted the voice. "Bertha! Where are you?" "In heaven," replied Bertha, "i have some really good news and a little bad news" "Tell me the good news first," said Betty. "The good news," Bertha said "is that there's women's softball in heaven. Better yet, all of our old buddies who died before me are here too. Even better than that, we're all young again. Better sill, it's always springtime and the weather is mild all the time. And the best of all, we can play softball all we want, and we never get tired." "That's fantastic," said Betty, "It's beyond my wilderst dreams! So what's the bad news?" "You're pitching Tuesday."

**********Funnies

What kind of fish is useful in freezing weather? Skate

What do you call a fish with no eyes? Fsh

What lives in the ocean, is grouchy, and hates his neighbors? A hermit crab.

What do you get from a bad-tempered shark? As far away as possible.

How do snails get their shells so shiny? They use snail varnish.

Why is the snail the strongest animal? Because he carries a house on his back.

What do you get if you cross a cow, a sheep, and a goat? The milky baa kid.

Mahalo Maile

ĀINAHAU O KALEPONI HAWAIIAN CIVIC CLUB
Membership Application and Renewal Form

Date Submitted: _____ Sponsored by: _____

Name: _____ Spouse: _____

Hawaiian Ancestry Ae____ A'ole____ Hawaiian Ancestry Ae____ A'ole____

Hawai'i Born Yes____ No _____ Hawai'i Born Yes____ No _____

Birthday _____ Birthday _____

Address: _____

Number & Street Unit or Apartment

_____ _____ _____

City State Zip Code

Phone: _____ _____ _____

Home/Residence Work/Business E-mail

Please list household members (children under 18)	Age	Gender	Interests/Talents to Contribute
1._____			
2._____			
3._____			
4._____			
5._____			

PLEASE CHECK THE **COMMITTEE(S), WORKSHOP(S), PROGRAM(S)** YOU ARE INTERESTED IN:

Committees	**Workshops**	**Performance Workshops**
Budget & Finance	Na Mea: Arts & Crafts	A Cappella Choral Group
Ways & Means	Na Keiki (children)	Music Group
Library	Kamali'i/Opio (teens)	Hula-Dance Group
Na Mea Hawai'i	'Olelo (language)	Health Education
Scholarship	Grant Writing	Aha 'Ohana Olakino ('Ohana event)
Constitution & Bylaws	Food/Catering Program	Family Programs ('Ohana event)
Charitable & Welfare	Please list other special interests	_____
Membership	_____	
Health & Welfare	_____	
Na Kupuna (Sr. Prgms.)	_____	

For more information please call: **Charlene Kazner, sevenkaz@aol.com, C:714 290-8681**

'Āinahau O Kaleponi Hawaiian Civic Club is a 501(C)(3) non-profit organization dedicated to the perpetuation and promotion of Hawaiian culture and its people.

DUES: New: _____ Renewal: _____ Date membership Accepted:

_____

Single Membership, 18 years and older Single	$25.00	_____
Parent with Family:	$30.00	_____
Student Membership (full time) Ohana	$10.00	_____
/Family Membership:	$40.00	_____

Please complete your application and send with your check payable to:

AOKHCC - MEMBERSHIP
12534 Valley View St., #343
Garden Grove, CA 92845

Revised: 1.26.20

Mahalo Nui Loa