Health: June is Men’s Health Month:
Hau `oli Lā Makaunake - Happy Father’s Day!
➢ Keep active
➢ Eat healthy diets
➢ Get screened annually

**NHPI Health Summit 2016: June 24-25, 2016** at Carson community Center, Registration required: www.NHPI Health Summit 2016.org - $20 Pre-Registration fee reimbursed by AOKHCC, contact Charlene Kazner for details (714) 290-8681 (c). Sam Choy, Hawaiian chef, author, television personality and restaurateur shares “healthy Pacific cuisines” with Kaleponi PILI `Ohana members, June 24, 5-8pm at PIHP, The Village Conference Center.

**Inland Empire Breast Cancer Survivors** are invited to participate in a UCI Breast Cancer Survivors Focus Group to “assess and help build resources for survivors” throughout Riverside, San Bernardino Counties. A “Meet & Greet” reception to meet Deborah Lefkowitz, a BC Survivor, is planned for **Saturday, July 23**, at Home Garden Library: 3785 S. Neece St., Corona, CA 1-3pm. Please contact Charlene Kazner or Ka’ala Pang, please refer your friends and ‘ohana, if interested. Gift cards provided for participants in this special BC Survivors Focus Group.

**KALEPONI PILI `OHANA (Partnership Improving Lifestyle Intervention) Cohort #4 begins July 7, Thursday, 6:30 – 8:30 pm. Pre-Registration required, contact Ualani Ho’opai for more details (847) 858-3229. Dates and time for this nine month nutrition, weight, stress management and lifestyle improvement program to be determined by participants at July 7th Orientation and Assessment meeting.**

Mahalo pihā Ualani Ho’opai, Charlene Kazner, Ka’ala Pang, AOKHCC members provided NPH-Heart Health materials and information activities at HHLO 18th Ho’ike at SOKA University acknowledging our long relationship and kōkua with backstage production assistance provided by ’Anake Maile Hubbard, Edye Hill, Linda McElrea.

Maggie: Please remind Ualani that she has photos of evening event.  

MAHALO!
Association of Hawaiian Civic Clubs:

Register for 57th Association of Hawaiian Civic Clubs Convention:

➢ For copies of AHCC Updates: **KA NUHOU** - please send an e-mail with your name and Hawaiian Civic Club to Corresponding Secretary, Dre Kalili, at AHCC.Nuhou@gmail.com

57th Annual Convention - November 13-20, 2016
Plaza Hotel and Casino - Las Vegas, Nevada 89101

**ROOM RESERVATIONS**

All room rates are inclusive of $15 resort fee and 12% taxes

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The cut-off date for reservations is Friday, October 28, 2016
DO NOT procrastinate book your rooms ASAP.
Especially if you have special needs such as a handicap room etc.

Resort fee includes: self/valet parking, 2 bottles of water in room every day of your stay, free in room internet access, local and 800 calls from guest room, airline boarding pass printing at designated kiosks and Plaza Perks coupon book valued over $200. Rollaway bed is $20 per day. check in 4pm / checkout 11am

All reservations are subject to a 48 hour cancellation policy, cancellation within 48 hours prior to arrival will be charged a no show one night room and tax.

For online reservations go to [www.plazahotelcasino.com](http://www.plazahotelcasino.com) or call 1-800-634-6575 – Booking CODE: **SAHCC16**

For special AHCC Group rates. For updates to convention information: be sure to check the AHCC website and read the Ka Nuhou.

Mainland Council, Association of Hawaiian Civic Clubs: **Nā Lei Makalapua**

Last Quarter meeting was held in Anchorage, Alaska, hosted by Nā Keiki o Ka ‘Āina HCC, on Saturday May 14, 2016. AOKHCC represented by Pelekikena Eric Kakahara, Council Directors: Charlene Kazner, Ka’ala Pang, spent Friday learning about the indigenous Alaskan Natives and Tribal villages throughout Alaska. Friday evening, ‘Aha Convention Chair, Kaleiaaina Lee presented an update of the ‘Aha and current outreach – education sessions planned for HCC members and Hawaiian communities throughout Hawai’i and the continent. Complete report provided at General Membership meeting.

Next MCAHCC, **Nā Lei Makalapua**, is scheduled for August 5-6, 2016 at Union Plaza Hotel, Las Vegas, NV. Members interested in participating can contact Pelekikena Eric Kakahara for details.

Aloha, a hui hou, Ka’ala Pang