Aloha mai kakou,

In honor of Earth Day, April 22nd, we did our civic duty this past Sunday picking up ʻōpala at Seal Beach (See pictures on page 7). Amazingly, there was very little to clean up. It couldn’t have been a more beautiful day with temperatures in the high 70’s, low 80’s with just a little breeze. We strolled along the rocks and sand, enjoying the sun, water and each other. Our general meeting followed, the shortest in history, on the grass with our chairs in a semi-circle while we munched on turkey and cheese wraps, cantaloupe, chips, muffins, popcorn and cold bottles of water. It was hard for us to leave the beach at the end of the day. We need to plan more of these outings.

I hope all of you who wish to participate in Hawaiian Nation Building have registered with Kana‘iolewalu. (https://www.kanaiolewalu.org/registernow) There will be an election this fall of delegates to an ʻAha – an official gathering to take the next steps in forming the new Hawaiian government. The number of delegates for Hawaiian Nation Building will be based on the final enrollment on May 1st.

Our busy summer months are fast approaching. See our Calendar of Events for the dates of all our activities. Come join us and support our club. Our ʻAha ʻaina is scheduled for Saturday, August 16th. Aunty Ulu and the performers have been practicing hula for months. This year, our ʻAha ʻaina will be dedicated to our founder Prince Jonah Kūhiō Kalanianaʻole Piʻiʻikoi.

Happy Mother’s Day to all of our Mothers, Happy Graduation to our Graduates and we Honor and Salute all of our Military at home and abroad.

Me ke aloha,
Charlene Kazner

Aloha AOKHCC Ohana,

It is the start of our Club’s busy summer. We have had so much fun thus far from making ipu heke to cleaning up Seal Beach. Just around the corner we will be holding a garage sale to raise funds to the National Convention (see flyer on page 8). Clean out your closets and garages so you can off-load some stuff for the purpose of further AOKHCC’s participation at the National Convention.

It is also not too late to join us for hula on Mondays in Costa Mesa or on Thursdays in Santa Ana. There is no better way to really immerse yourself in this aspect of the Hawaiian culture. The dancers are really enjoying learning this art form.

There is a great summer ahead of us. Come and join in the fun. Please feel free to bring some friends and family along with you to share in the aloha!

Malama pono,
Edye Hill
Hope Pelekikena ʻEkahi

Chartered November, 1982
Tax Status: §501© (3)
Kolohe Lunch Corner
By Gil Kveen

Coming Up:
May 14, 2014
Maui Hawaiian BBQ
11:30 a.m.
17580 Newhope #103, Fountain Valley
(Costco Shopping Center)

Kolohe Lunch:
May 28, 2014
11:30 a.m.
Seol Ak San (Korean Food), 12146 Beach Blvd., Stanton, CA 90680 (right next to "The Mad Greek" on Beach Blvd. just south of Chapman)
Any questions, contact: Gil
(714) 544-1093 (Mahalo Lori Carter for providing info in Gil’s absence!!)

Message from the Editor
Maggie Perry

Aloha All,

It has been quite a flurry of activities since the last newsletter as reflected by the previously sent photo show on the ipu events, pictures in this newsletter of beach cleanup event and devoted/hard working members entertaining at St. Frances Convalescent Home (pictured) and Catered Manor (no pictures). Mahalo to Charlene, Edye and Ka’ala for their articles in this issue. As you will note, our Pelekikena is one busy, busy individual. We are so fortunate to have such a leader not only leading us but also committed in helping the Pacific Islander Community joined by Ka’ala Pang (another amazing one!) and Second Vice President – Ualani Hoʻopai (who is also equally busy with hula & getting yet another degree!) We are grateful for all they do to keep ʻĀinahau continually thriving and strong (along with our other great Board members) and hopefully inspiring other members to do the same!

Mahalo also to Hokunani for providing pictures for the April 27 event and for her husband, Mark spending his birthday with the group!

Look forward to more member profiles – just jump in anyone!

Had the great pleasure of seeing fellow member Charles Herring and his group perform in Summerlin, NV - awesome show but no photos to share. If you are in San Diego for the Hoʻolaulea this coming weekend—you will probably see him working hard as usual!

ʻĀINAHAU
2014 UPCOMING EVENTS

► Hula Practice Mondays (Costa Mesa Center) and Thursdays 7:00 Wintersburg ongoing—if interested contact Kumu Ululani Cortez at jccort@sbcglobal.net
► On Going Health Living – Sunday - low impact walk and bicycle riding for health at 1:00 HB Library with Aunty Ulu or as announced in e-mail.
► May 10, 2014 Garage Sale—more details to come.
► May 31, 2014 Mainland Council Meeting in San Diego, CA
► May 31, 2014 and June 1 Aloha Festival Northridge, CA
► June 7 & 8 Pacific Islander Weekend - Aquarium of the Pacific
► June 21 General Meeting and Movie Night—More details to come.
► June 21 & 22 KAHa Hoʻolauleʻa, Moreno Valley, CA
► June 28-29 Ohana Retreat—more details to come
► July 19 & 20 Hoʻolauleʻa – Alondra Park—Lawndale, CA
► August 8-9 Kumukahi Ukulele & Hula Festival, Sam’s Town, Las Vegas, NV
► August 16, 2014 Aha’aina 2014—Costa Mesa, CA
► September 20-21, 2014 Pacific Islander Festival, Huntington Beach Central Park, CA
► September 27, Movie Night More details to come.
► October 26 - November 2, 2014 Convention in at Waikoloa, Hawaii Island
Covered California (ACA): Mahalo to Ualani Ho’opai, Charlene Kazner and Mililani Awana McGee for their Kōkua enrolling NHPI community members on Covered California (ACA-Obamacare) these past few weeks. As the extended deadline closed on April 15, AOKHCC and others can continue to ENROLL for Covered California (ACA) with any life changes: loss of job, death of spouse, move, other life changes. Contact Ualani (847) 858-3229 or Charlene (714) 290-8681 for more details and assistance with Covered California. Next Open Enrollment is scheduled for November 2014.

President Charlene Kazner, takes on news role in April as Lead Consultant for SAMHSA, Substance Abuse and Mental Health Services Administration as NHPI (Native Hawaiian Pacific Islander) Lead Advisor to serve as the community partner for a new Task Force consulting with SAMSHA. As a Certified Enrollment Counselor (CEC), she has been involved in the training for Outreach Education and Enrollment in Health Insurance (ACA-Covered California-ObamaCare) for NHPI communities with PIHP. She serves as expert, consultant for NHPI community, with focus on health literacy, NHPI oral and written translations, graphic resources for Hawaiian, Samoan, Tongan, Marshallese, Chamorro, communities she currently serves with her leadership as PIHP’s Pacific Islander Health Educators. Congratulations Charlene for adding this critical task to her growing work serving her NHPI communities to improve access to health and quality healthcare services.

AOKHCC and PIHP Partners join CSUF student members of SPICA South Pacific Islander Cultural Association at recent April 18 American Cancer Society Relay for LIFE: walked CSUF campus Main Quad with hundred others that included cancer survivors, co-survivors, WINCART Weaving an Islander Network for Cancer Awareness Research & Training, health advocates, caregivers, ‘ohana members WINCART partners April 18 – April 19, a 24 hour Relay. Mahalo piha much thanks!

Orange County Breast & Cervical Cancer Task Force: AOKHCC members: Charlene Kazner, Ualani Ho’opai, Ka’ala Pang, partner with other health educators, advocates, researchers on a special OC Breast & Cervical Cancer Task Force working on policy guidelines for October’s Women Health Summit. With ever changing data, analysis and guidelines, this women initiative and policy guideline White Paper is in draft and scheduled for completion before OC Women’s Health Summit this October. Stay tuned for developments...

PILI `Ohana Training, May 1-2, 2014, scheduled for PIHP’s Conference Center is full with 8 HCCs, 7 other Pacific Islander health agencies other community – faith based organizations. Thirty participants are pre-registered for the two full day trainings by School of Medicine, UHM, School of Medicine Native Hawaiian Health led by Dr. Keawe Kaholokula, Rebecca Delafield and Shelly Soong. Members are invited to join Pau Hana Reception, 5pm – 7pm, healthy pūpū served to MEET & GREET our PILI ‘Ohana faculty. Questions—call (714) 968-1785
The PILI ‘Ohana Facilitator Training is for community workers planning to implement a PILI ‘Ohana program in their community. This 2-day training will provide information on PILI programs, how to implement programs, and strategies to help facilitate behavior change. Trainers will be coming from the Department of Native Hawaiian Health, John A. Burns School of Medicine at the University of Hawai‘i. The agenda for this comprehensive training will include the following:

- PILI ‘Ohana Lifestyle Program – Weight loss Program
- Partners in Care – Diabetes Self-Management Program
- Behavior Change Principles & Strategies for community workers
- Motivational Interviewing skills for community workers
- Facilitator Guidelines
- Data collection
- Sample lessons and activities

Lunch will be provided.

NEW SCHEDULE: Must Pre-Register for Classes on: Class #2 - B – Low Salt Diet, Physical Activity, Emotions, May 17, 9am – 1pm

Learn about: Diabetes and heart failure, Island style healthy heart eating: snacks, meals, meet with a local chef.

PILI ´Ohana, May 1-2: Facilitated by PIHP, fifteen community based and faith based organizations from Tennessee, Utah, Northern and throughout Southern CA include 7 HCCs and other community and faith based organizations to participate in PILI ´Ohana Train the Trainer workshop in Santa Ana. Dr. Keawe Kaholokula, Shelly Soong and Rebecca Delafield TRAINERS for UHM, School of Medicine, Native Hawaiian Health share two-full day on weight control and management, stress and physical activities: outreach and engaging NHPI communities for 6-9 month program.

A Community of Contrasts 2014:

Hā Kūpuna: Following PIHP Key Informant and Focus Group meeting Friday, March 7, Dr. Katheryn Braun, Director of Hā Kūpuna Center, University of Hawai‘i, School of Social Work, followed up on an issue “voiced” during Focus Group and resulting in reaching across the Pacific with ‘ohana member caring for an elder, now receiving resources and funding for elder care….mahalo to Dr. Kathryn Braun for your kōkua for Hawaiian elders here in Southern California and now in Hawai‘i. Learn more about Ha Kūpuna: hakupuna@hawaii.edu

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Learn about: Diabetes and heart failure, Island style healthy heart eating: snacks, meals, meet with a local chef.

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Continued Information by Ka’ala Pang
Pictures from Community Service at St. Francis on March 31, 2014
MAY BIRTHDAYS
9 MAILE HUBBARD
9 MAY PORTER
12 KATHY WILLIAMS
13 THELMA MIYASHIRO
19 GEOFF HILL
22 KAMOI FAHILGA
23 CURTIS HAYES
24 NORM MATTHEWS
28 DENNIS KAZNER

JUNE BIRTHDAYS
3 CRAIG KAKIHARA
5 KAHEALANI MARTINS
7 CHARLENE KAZNER
9 FRANCINE TENG
12 RUDY CORTEZ
17 CAROL JOHNSON
17 HOKUNANI AICHELE
21 RICKI MCMANUIS
26 LEILANI BECK
27 JANE KA’ALA PANG

Aloha AOKHCC Members:
The deadline for dues has passed. If you have not already submitted your annual membership fees, please remit follows:

(MemberShip Renewal)
Family Members (thru age 17) $40
Single Parent with Children $30
Single Membership $25
Full-time Student 18 yrs./older $10

If you have any updates or changes, please complete a new application or already paid—e-mail me changes.
You can mail your check payable to: AOKHCC Membership, 12534 Valley View St. #343, Garden Grove, CA 92845

ANY QUESTIONS, PLEASE CONTACT Maggie Perry, Membership Chairperson (714) 392-3450/mapg5@msn.com

Mahalo!!
Healthy Living Outing “Save Our Beach” on Sunday April 27th

Participants (not all pictured): Charlene Kazner along with grandchildren, Taylor, Liliana, Emily & Natalie and son, Scott, Aunty Ulu Cortez, Hoku and Mark Aichele (Photographers), Lehua Swope, Mike Spatter, Edye Hill, Carmen Postrzech and friend Flo, Noelani Ashlynn and Aiden Mengel and Noelani’s Mom Kehau.
Gigantic Garage Sale!
Third Annual Garage Sale

Date: May 10, 2014
Time: 7:00 a.m. to 3:00 p.m.
Place: Kakihara’s Hale
8473 La Palma Avenue
Buena Park, CA 90620

PLEASE DROP OFF ANY ITEMS
on May 10 starting at 6:30 a.m.
8473 La Palma Ave, Buena Park, CA 90620.
Anyone questions, please contact
Edye Hill (714) 854-0235 or
Ualani Ho’opai (847) 858-3229.
Date Submitted: _______________________________  Sponsored by: _______________________________

Name: _______________________________________
Hawaiian Ancestry  Ae____  A’ole____
Hawai‘i Born  Yes____  No____
Birthday ______________

Spouse: _______________________________________
Hawaiian Ancestry  Ae____  A’ole____
Hawai‘i Born  Yes____  No____
Birthday ______________

Address:___________________________________________________________________________________
Number & Street
City  State  Zip Code

Phone: _____________________________
Home/Residence  Work/Business  E-mail

Please list household members (children under 18)  Age  Sex  Interests/Talents to Contribute
1.__________________________________
2.__________________________________
3.__________________________________
4.__________________________________
5.__________________________________

PLEASE CHECK THE COMMITTEE(S), WORKSHOP(S), PROGRAM(S) YOU ARE INTERESTED IN:

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For more information please call:  Maggie Perry at (714) 392-3450 or e-mail: mapg5@msn.com

‘Āinahau O Kaleponi Hawaiian Civic Club is a 501©(3) non-profit organization dedicated to the perpetuation and promotion of Hawaiian culture and its people.

DUES:  New: _________  Renewal: ____________  Date membership Accepted: ____________

Single Membership, 18 years and older  $25.00 _______
Single Parent with Family:  $30.00 _______
Student Membership (full time)  $10.00 _______
Ohana /Family Membership:  $40.00 _______

Please complete your application and send with your check payable to:  

AOKHCC - MEMBERSHIP 
12534 Valley View St., #343 
Garden Grove, CA 92845

Mahalo Nui Loa
Officers:

Pelekikena, Charlene Kazner  
Hope Pelekikena 'Ekahi, Edye Hill  
Hope Pelekikena 'Elua, Ualani Ho'opai  
Pu'u ku, Eric Kakihara  
Kakau 'Olelo Ho'opa'a, Lehua Swope  
Kakau 'Olelo Ho'oholo, Maggie Perry  
Sergeant at Arms, Gil Kveen  
Immediate Past President, Analani Imbach

Address:

12534 Valley View Street, No. 343  
Garden Grove, CA  92845

Website:  www.aokhcc.org

Year Chartered:  1982

Motto:  
E Malama 'Ia Na Pono O Ka 'Aina E Na 'Opio  
"The Culture of the Land is Preserved in its Youth"

Club Flower:  Pikake  
Club Colors:  White, Peacock Blue, Seafoam Green

Club Song:  'Āinahau

Newsletter:  Kahakuhi O ‘Āinahau

Editor:  Maggie Perry (mapg5@msn.com)

Board of Directors:

Maile Hill  
Maile Hubbard  
Victor Pang  
Rose Burns  
Lani Ryan  
Ululani Cortez

Na Lei Makalapua Representatives:

Gil Kveen and Jane Pang