Aloha mai kakou,

It’s hard to believe that summer has ended and na keiki is back in school. Time flies when you are having fun. I hope you have all had a great summer and that you were able to spend vacation time with your `ohana.

The Pacific Islander Festival at the Huntington Beach Central Library Park on September 21st and 22nd was a BIG SUCCESS. Saturday and Sunday graced us with a breeze typical of Huntington Beach.

Our menu of lau lau, rice, poi, loco moco, spam musubi and haupia was a “Hit.” We sold out of everything. Awesome! This festival is a perfect time to sit under the shade of the many trees, enjoying the culture of the Pacific Islands and eating island food. The villages brought a special experience from the islands and the health booths had a myriad of information for our well-being. I hope you were able to visit the booths. Mahalo to all of you who helped with the festival and to those who sang on Sunday morning.

E komo mai……join us on Sunday, October 20th for our annual Pau Hana Bash. We are still trying to find a location and will send that information out as soon as a decision is made. Come and celebrate all the hard work and fun we’ve had this year. This is our way to Mahalo all of you for the hard work you’ve done this year. Come and celebrate our Pau Hana. Continued on page 3
Aloha kakou,

I am taking this opportunity to share some Hawaiiana with all of you. My all time favorite word is “manawale`a”... a generous heart; charity; to give freely and willingly; gratis, free. What does that mean? In the Hawaiian culture to give freely is to share of yourself to anyone or any organization who is need of your help and/or your mana`o (thought, idea, opinion). Freely means never expecting anything back in return. When you give of yourself by volunteering, your reward is what your heart receives in return and that in itself is priceless.

So I would like all of you to give of yourself to someone or something of great importance that needs your help. Trust me you will be rewarded in ways you could never imagine.

Love to all. Ulu

October’s Satellite lunch on October 9, 2013 at 11:30 a.m. is going to be at the Red Lobster on the east side of Harbor Blvd about one half block mauka of Garden Grove Blvd.

The Kolohe lunch on to be held on October 30, 2013 at 11:30 a.m. was unanimous to go back to Gen on Beach Blvd. Everybody liked it so much, they wanted to go back. We ate there a couple of month’s ago. It is next door to the Salty Dog in Huntington Beach.

It would be fun to have more people to get together (“The more the merrier”). Do you have a favorite restaurant or hole in the wall? Please suggest it. We are always looking for new places to have lunch. If you arrive at 11:30, you don’t have to make reservations....just come.

November: Kolohe Lunch group decided to go for Japanese in November to "UOKO" in Tustin on 17th St. (It is next door to ONO ONO).

Due to Thanksgiving holiday, we will only do the second Wednesday of the month, ie. NO Kolohe lunch on the last Wednesday of November.

We all had a great time at the New Ruby Palace last week.

You can always call me with questions or suggestions. 714-454-4244 or e-mail: gilkveen@gmail.com
The annual Convention for the Association of Hawaiian Civic Clubs is fast approaching. It will be held in Kaua`i on November 10 – 17. The theme this year is `O Ka Mauli Ka Mea E Ola Ai Kānaka…..The Spirit is What Causes Man to Thrive. The Convention promises to be filled with fun and valuable information on our people, our aina and our ocean and is a great time to connect with other members of the civic clubs. Please contact me at (714) 290-8681 or via e-mail at sevenkaz@aol.com if you plan to attend. Registration is coming up soon, October 15\textsuperscript{th}. Please search “54\textsuperscript{th} Annual Convention for Hawaiian Civic Clubs” for information on the tours and deadline dates. Don’t forget that we will visit Lunalilo Home in Honolulu on Monday, November 18\textsuperscript{th}. I hope to see you at the Pau Hana Bash.

Mahalo for all you do to uphold our Mission.....to preserve and practice our Hawaiian culture.

Me ke aloha,
Charlene
Pelekikena

FROM PACIFIC ISLAND FESTIVAL
AFTER SUSAN KOMEN WALK

Aloha Everyone,

I had a great drive and stay in Long Beach (thanks to my ohana Leialoha and Randy) to attend the Pacific Island Festival. It was great to see and work with everyone. As Charlene mentioned, it was a great success!! Go to the next General Meeting and you will hear more about it. As usual the members worked very hard to reach that goal.

Better late than never—I’m working on a Photo Show for that event!! So stay tuned for that. Unfortunately, didn’t get everyone attending—had to serve, serve, make musubi—plenty!

Also got some shots to share in the photo show of Aunty Ulu’s Thursday night hula practice—they are learning so much cultural and hula. It is an opportunity not to be missed and not to mention the good exercise!!

Mahalo Artland for the informative member profile and also for his wife, Kathlee’s input. As you will see he also has a very talented family. I took the liberty of checking on his grandfather and am sharing a column about this famous Hawaiian!

Worked at still working on the Membership Roster so any changes or corrections, please advise.

Mālama pono, Maggie
Aloha Fellow Members:

My name is Artland Charles Ikuwa Ka’ai. I was born in 1943. My parents were Ernest Kaleihoku Ka’ai Jr. and Josephine Ulalia Ikuwa. I am Hawaiian, Chinese, Irish, Spanish and Swedish. I was born in Nuuanu Valley (Puunui) between Alewa and Pacific Heights. My father said the LAND around us is very ARTtistic and hence the name “Artland”. I graduated from St. Louis High School in 1961 and attended Orange Coast College. After serving in the U. S. Air Force, I worked for the government for four years. I spent most of my working years (31) at Southern California Edison and am now retired. Being of the Catholic faith, I’m an active member of the Knights of Columbus - a Catholic Men’s Group. I am a charter member of ‘Āinahau and have served in different capacities throughout the years since the club was formed in 1982. I recently have been supporting our group as cook at the Pacific Island Festival and the Ho’olaule’a whenever possible. In addition, I have enjoyed working as a bartender for the aha aina events.

My favorite activities are playing cribbage, golfing and daily walks from 4 to 7 miles a day. I have been married to Kathlee for 45 years and we have three daughters and three grandsons. We met paddling while at the Balboa Outrigger Club. My wife tells me I fell in love her parent’s cooking before her— NOT!

As some of you may already know, I was fortunate to be born into a very well known musical family. My grandfather, Ernest Ka’ai was well known for being a ukulele virtuoso.

My uncle was Andy Cummings who also had wonderful musical talents. He was the composer of the song Waikiki. Both he and my grandfather were recognized at the 2012 Hawaiian Music Hall of Fame where my family and I were proud to attend and celebrate their recognition. Another well known talent is my cousin, Marlene Sai. Needless to say, we have a lot of great memories and times shared with my ohana.

Ernest Ka’ai was the first Hawaiian-born virtuoso ukulele player and was a formidable figure in the Hawaiian music world in the first quarter of this century. Besides being adept at the ukulele, Ka’ai was also a superb violin, guitar and steel guitar player. By the age of 19, he was playing in and organizing ensembles.

At one time, he had as many as 12 bands playing in the Islands. He not only promoted Hawaiian music in Hawaii, but on the mainland as well. But it was as a ukulele player that most remember Ka’ai. It was Johnny Noble, Hawaii’s greatest composer, who said Ka’ai was “Hawaii’s greatest ukulele player”.

Due to his musical ability, he is credited with making the ukulele into a featured instrument in Hawaiian groups. He also published the first ukulele instruction book, “The Ukulele, A Hawaiian Guitar”, published in 1916. This book presented the ukulele as a sophisticated musical instrument and included exotic chords and complicated strums.

In 1940, Ka’ai retired to Miami, Florida, where he opened a music store and performed off and on. He died in 1962.
October is Breast Health Awareness Month:

October 1, 6pm – 8 pm, Center for Cancer Prevention and Treatment at St. Joseph Hospital sponsors “A Day in the Life of a Breast Cancer Patient in 2015” at the Villa, 510 E. Katella Ave., Orange, CA 92867

October 22, 2-3pm. “Snack & Learn: Aloha Seniors - Komen Tissue Bank, Nov. 2” Registration, Rodgers Senior Center, 1706 Orange Ave., Huntington Beach

November 2, 8am – 6:30 pm, “Thinking, sharing, understanding NORMAL”, Komen Tissue Bank, MemorialCare Medical Group, Preregistration required: contact Charlene Kazner (714) 290-8681 / Ualani Ho’opai (847) 858-3229 to Register; or Register online at www.komentissuebank.iu.edu, click on Tissue Donor tab, or call (866) 763-0047.

Only repository in the world for normal breast tissue and matched serum, plasma, DNA “transforming breast cancer research methodologies by harnessing what is NORMAL, to increase knowledge and awareness in the fight against breast cancer”, Indiana University, Simon Cancer Center.

Must be 18 years of age; willing to sign an informed consent; willing to give an 1½ hour of your time; not receiving blood thinner (warfarin); not allergic to lidocaine; no breast implants; prior clearance if pregnant or breast feeding.

Volunteers needed for Donor check in and out; Greeters/Hosts; height/weight; room coordinator; specimen runner; computer assistant; donor escort, phlebotomist, lab assistant, consenters, surgeon assistant. Visit Komen OC website to volunteer.

JOIN WINCART Weaving an Islander Network for Cancer Awareness, Research & Training

Advance Cancer Treatment for Native Hawaiians, Chamorro/Guamanian, Marshallese, Samoan and Tongan communities, Los Angeles, Orange and San Diego Counties.

If you have cancer, you may be able to provide clues to solve this mystery by participating in research: Biospecimen collection is a type of research where materials are taken from the body: blood, cancer, cells, nails, skin, urine, hair.

These materials contain information about people, their genetic makeup and their disease that are stored and used later to develop new treatments.

The process is VOLUNTARY!

Researchers use the biospecimens to study and learn more about how to prevent, find, treat cancer and other health problems.

MPACT: Motivating Pasifika against Cigarettes and Tobacco: WINCART new yearlong program conducting research study for young adults 18 – 30 years of age, interested in stopping smoking. All participants are compensated for their time and travel. Ready to quit smoking?

Tobacco use is the leading cause of preventable illness and death, caused roughly 443,000 deaths yearly in the U.S. from lung, other types of cancer, heart attacks, stroke.

Young NHPI adults 18–30 years of age: most NHPIs want to stop smoking and stopping by age 30 reduces the change of early death by 90%.

Smokers who fail to quit the 1st time are often successful after several more attempts. Quitting success comes with persistence. Call Ualani Ho’opai (847) 858-3229 to learn more or to sign up today! Hiki no! Just do it!
We are accepting nominations for Officers and Directors now through December 1st (Election Day). Please contact me at (714) 454-4244 or e-mail at: gilkveen@gmail.com, if you would like to run or nominate someone. The following were nominated:

**Officers:**
- President - Charlene Kazner
- 1st Vice President - Edye Hill
- 2nd Vice President - Ualani Ho`opai
- Treasurer - Eric Kakihara
- Corresponding Secretary - Maggie Perry
- Recording Secretary – Regina Jaster

**Director:**
- Gil Kveen
- Maile Hill
- Janese Buis-Johnsen

**Mainland Council Representative:**
- Maile Hill

---

**OFFICERS AND DIRECTORS NOMINATIONS!!!**
Gil Kveen, Nominations Chair

**‘ĀINAHAU UPCOMING EVENTS 2013**

- October 5, 2013 AOKHCC Movie Night—showing of Aha Aina Performance!! (See Flyer Attached)
- October 20—Pau Hana Bash—Location to be Announced!!
- Convention—Kauai November 10-17, 2013
- Island Bazaar Bake Sale November 27, 2013 (Gardena, CA)
- Christmas Party—December 8, 2013

---

**FROM ALOHAWORLD.COM**

Now to 30 Nov '13 05:00 pm
Island Where Pacific Island Ethnic Art Museum- Long Beach, CA A comparative exhibit of the unclothed and clothed of the Pacific Islands, symbolizing the change in belief system and expressive culture. ... Details
05 Oct '13 10:00 am - 05 Oct '13 06:00 pm
Nā Wehi: Sandwich Island Fashions Halau O Lilinoe Event Center- Carson, CA
Nā Wehi: Sandwich Island Fashions, Music and Food event will be a unique offering of the talent and creativity of the Pacific Island Communities in Southern California. It is a fundraiser for the Sandwich Islands Network V93FM.com to help keep the station on the air supporting the Pacific Islander communities and contemporary island music talent. This event will feature Pacific Islands fashions, leisure wear, lifestyle clothing, Island apparel and more. Contemporary island music will be offered with a concert to wrap up the event. Food and beverage will be available. More information coming on concert details and ticket sales. Mark your calendars now and check back for updates on this event. ... Details
12 Oct '13 07:00 pm - 12 Oct '13 09:00 pm
HAPA: 2013 Los Angeles Showcase Redondo Beach Performing Arts Center - Redondo Beach, CA ... Details
18 Oct '13 07:30 pm - 18 Oct '13 08:30 pm
19 Oct '13 07:30 pm - 19 Oct '13 08:30 pm
Kawika Kahiapo in Concert San Marcos Civic Center- San Marcos, CA ... Details
DATE: October 20, 2013
TIME: 2:00 P.M.
PLACE: Farmers & Merchants
12523 Seal Beach Blvd., Seal Beach, CA 90704

Come join us for a surprise performance at General Meeting!!

FUTURE GENERAL MEETINGS:
Note: no November General Meeting due to the convention in Kaua`i).

Next meeting: December 1

Membership Roster recently e-mailed to all paid members. Hard copy will be mailed to non-e-mail members soon.

Keep Āinahau Prospering & Growing—Kokua from near and far!! You can help by joining even if you are not in California! Homeless needs soaps you get at hotel stays—and clothes & towels. Contact Paddy Kakihara if you have or just bring to the General Meeting!!!
Date Submitted: _______________________________  Sponsored by: _______________________________

Name: ______________________________________  Spouse: ____________________________________

Hawaiian Ancestry  Ae____  A'ole____  Hawaiian Ancestry  Ae____  A'ole____
Hawai'i Born  Yes____  No____  Hawaiian Ancestry  Yes____  No____
Birthday ______________  Birthday ______________

Address:___________________________________________________________________________________
Number & Street  Unit or Apartment
City  State  Zip Code

Phone: _____________________________
Home/Residence  Work/Business  E-mail

Please list household members (children under 18)  Age  Sex  Interests/Talents to Contribute
1.__________________________________  2.__________________________________  3.__________________________________
4.__________________________________  5.__________________________________

PLEASE CHECK THE COMMITTEE(S), WORKSHOP(S), PROGRAM(S) YOU ARE INTERESTED IN:

<table>
<thead>
<tr>
<th>Committees</th>
<th>Workshops</th>
<th>Performance Workshops</th>
</tr>
</thead>
<tbody>
<tr>
<td>Budget &amp; Finance</td>
<td>Boutiques: Arts &amp; Crafts</td>
<td>A Cappella Choral Group</td>
</tr>
<tr>
<td>Ways &amp; Means</td>
<td>Na Keiki (children)</td>
<td>Music Group</td>
</tr>
<tr>
<td>Library</td>
<td>Kamali'i/Opio (teens)</td>
<td>Hula-Dance Group</td>
</tr>
<tr>
<td>Na Mea Hawai'i</td>
<td>'Olelo (language)</td>
<td>Health Education</td>
</tr>
<tr>
<td>Scholarship</td>
<td>Grant Writing</td>
<td>Aha 'Ohana Olakino ('Ohana event)</td>
</tr>
<tr>
<td>Constitution &amp; Bylaws</td>
<td>Food/Catering Program</td>
<td>Family Programs ('Ohana event)</td>
</tr>
</tbody>
</table>
| Charitable & Welfare     | Please list other special interests

Membership  
Health & Welfare
Na Kupuna (Sr. Prgms.)

For more information please call:  
(714) 962-8518 or cell (714) 397-5313 (Jackie Judd)  
Edye Hill at (714) 865-0235 or e-mail: geoff_edye@sbcglobal.net

Mahalo Nui Loa
Hele mai!!! ► Please join us for the showing of:

THE AHA AINA VIDEO

Date: Saturday, October 5, 2013
Time: Doors Open at 6:00 p.m.
      Movie Starts at 6:30 p.m.
Place: F&M Bank—Auditorium
       12523 Seal Beach Blvd. Seal Beach, CA

For Reservations Please
Contact: Ualani Ho`opai
(847) 858.3229, uhoopai@yahoo.com

COME OUT AND JOIN US & relive the wonderful evening or see it for the first time! The entrance fee is waived but we will gladly accept any donations. Food will be available for purchase. The DVD of the program will be on sale for $10.00. Seating is limited so please put in your reservations! Mahalo.
Officers:

Peleikena, Charlene Kazner
Hope Peleikena 'Ekahi, Edye Hill
Hope Peleikena 'Elua, Ualani Ho'opai
Pu'u'uku, Eric Kakihara
Kakau 'Olelo Ho'opapa'a, Jackie Judd
Kakau 'Olelo Ho'oholo, Maggie Perry
Sergeant at Arms, Gil Kveen
Immediate Past President, Analani Imbach

Address:

12534 Valley View Street, No. 343

Garden Grove, CA  92845

Website: www.aokhcc.org

Year Chartered: 1982

Motto:

E Malama 'Ia Na Pono O Ka 'Aina E Na 'Opio
“The Culture of the Land is Preserved in its Youth”

Board of Directors:

Maile Hill
Maile Hubbard
Victor Pang
Gil Kveen
Lani Ryan
Ualani Cortez

Club Flower:  Pikake
Club Colors: White, Peacock Blue, Seafoam Green
Club Song: ‘Āinahau
Newsletter: Kahakuhi O ‘Āinahau
Editor: Maggie Perry (mapg5@msn.com)

Na Lei Makalapua Representatives:

Maile Hill and Jane Pang