Aloha mai kakou,

OUR 32ND ANNUAL SCHOLARSHIP `Aha`aina is just around the corner. We have worked so hard preparing for our Big Event under the tutelage of Aunty Ulu and Eric Kahiha for hula and music, respectively. It seems like yesterday that we were discussing the theme, the songs, etc. and here it is only two weeks away. So, in the next two weeks I’d like all of us to enjoy the final preparations and be proud of what we have accomplished. Mahalo to Aunty Ulu, Eric, the `Aha`aina Committee and all of you for your dedication, commitment and perseverance.

THE HO`OLAULE`A EARLIER this month was a smashing success. We sold out of lau lau, lomi salmon, poi, rice and watermelon………..everthing! We have finally found our niche, which works very well for us. Mahalo to Eric Kahiha, Maile Hubbard and Edye Hill for organizing and coordinating this event. The operation for the Food and Game booths ran so smooth. Mahalo to everyone who helped in any way to make this a success. It was great to have Maggie Perry join us all the way from Henderson, Nevada. What a pleasant surprise! We will be at the Pacific islander Festival of Orange County at the Huntington Beach Central Library on September 20th and 21st serving the same menu with the addition of spam musubi, everyone’s favorite. E hele mai…….come join us for ono food, great entertainment, island villages and connecting with family and friends. I HOPE YOU ARE ENJOYING the summer. Remember to drink a lot of liquids, use sunscreen, a hat and keep cool.

Malama pono,
Charlene Kazner
Pelekikena

Malama pono, Edye Hill
Hope Pelekikena `Ekahi

Aloha AOKHCC Ohana, AOKHCC and the Scholarship Committee are extremely proud to have awarded the following persons with Academic Scholarships, Youth Scholarships, and Kalama Scholarships in 2014. We congratulate Jann Ualani Ho`opai, Regina Elisa Jaster, Marlise Klein (Kalama Scholarship), Alexis Piliuakeohilo Morgan (Kalama Scholarship), Jacob Kainaloukulani Smith, and Stephanie Underwood.

Mahalo to all of the AOKHCC members whose efforts, donations, and dedication made funding the future endeavors of these scholarship recipients possible. I also want to thank the Scholarship Committee for their dedication and hard work in conducting the scholarship application process.

We also need to thank in advance the great efforts of the `Aha `Aina Committee who coordinate, plan, and execute the annual luau that serves as the main fundraiser for AOKHCC scholarships. We have many local businesses to thank for their donations; most significantly Southern California Edison for its grant that greatly contributed to the scholarship fund.

The `Aha `Aina is just around the corner on Saturday, August 16, 2014 in Costa Mesa. I hope to see you all there. Bring a friend to enjoy the ono food and delight in the hula and live music.

Malama pono, Edye Hill
Hope Pelekikena `Ekahi
Aloha All!
What a fabulous job the organizers of this year’s Ho’olaulea did!! It was an exciting and fast pace moving weekend and I’m sure with record breaking results. I was glad to be a part of it! Mahalo to Charles & Steve letting me catch a ride to travel to the park from Henderson. Also mahalo to Nanikapua and the McEwan’s to complete an awesome four day trip!

For those of you who could not view my recent photo show of the weekend, I have added a few photos to this newsletter.

Also, mahalo to Uncle Victor for his picture contribution too and of course to our contributors in this issue for great and informative articles!!

Be ready with smiling faces and colorful aloha wear for my picture taking on August 16th! A Hui Hou! Maggie

Mahalo to Karen Rijken and her good friend, Jaime pictured on the right (and all her other helpers and contributors of plants) for the beautiful display for our booth at the Ho’olaulea that took 2nd Place!!
MEMBER PROFILE
CAROL AND ALIKA JOHNSON
— CONTINUED

see the trailer featuring solemn torch-bearing hula dancers; the second female dancer appearing on the screen is our daughter, Arletta—see Denby Fawcett’s article in the May 2014 Honolulu magazine about where are the cast members now), and a son who still lives in their family home in Honolulu and works for Apple at its Ala Moana Center store. From their daughter and son-in-law, they have two grandsons and a granddaughter.

Alex worked in the printing business during his working career—everything from production and sales to management. Carol graduated from BYU with an education degree and she worked in healthcare administration for many years.

Now that they are retired for 11 years, Alex finds joy in making ukulele and working in the garden. Carol is so glad to be retired and be able to get up when she wants to and go to bed when she wants to. She also enjoys puttering around the yard...seeing things grow (even though she says she has a "black thumb.") Carol also enjoys reading. Both continue to keep busy with church responsibilities, Hawaiian Civic Club activities, organizing and coordinating a kupuna group’s activities in Utah Valley, teaching weekly kaikamahine hula and traveling. For some reason or another their Ford PU always seems to be heading south on I-15 for Southern California!!!

When asked why they moved to Pleasant Grove, Utah from Honolulu, Carol says, "We moved to PG because back 8 years ago, a gallon of milk was $1.25!"

[Editor’s Note: Carol doesn’t mention that she has a beautiful singing voice!! Too bad they live in Utah. She made an appearance at one of our General Meetings and both she and Alika played/sang beautiful music. As many of you know, Alika makes the instruments pictured. See Membership Roster for contact information. Mahalo you two for sharing your story. Also check out the website Carol mentioned and “meet” her two good looking grandchildren. Look forward to more volunteers for like them doing Member Profiles —so we can get to know our ‘Āinahau Ohana!!]
Bus pickups: 4:00; 4:30 and 5:00 p.m. in front of the hotel.

Dress Code: No shorts, tank tops, or slippers.
Contact: Geri (808)960-4053
Email: djgm1@hawaii.rr.com

Pre-Order - Convention T-Shirts (light steel) order form online @ 55th Annual Convention, Association of Hawaiian Civic Clubs: Limited supply of T-shirts at Convention. Deadline for pre-Convention orders is: September 29, 2014

Meal Functions at Waikaloa available online @ Association of Hawaiian Civic Clubs Convention: 55th AHCC Convention, Waikaloa, Hawai‘i. Deadline for meal plan September 30, 2014.

[Convention delegates, Alternates, At-Large Committee Chair: $115. All guests and others, Meal Plan: $228]

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55th Association of Hawaiian Civic Clubs Convention, October 26 – November 2, 2014
Room reservations can be made by calling 1.808.886.6789 Monday thru Friday from 6:00 a.m. – 2:00 p.m. or toll free 1.877.359.3696.
Please ask for the Association of HCC group rate of $149 per night. The link https://resweb.passkey.com/go/2014AHCC can also be used to make your reservation online. Applicable state and local taxes are currently 13.416% which is $19.99. Marriott has a standard resort package fee. When you check-in at the hotel, you much say NO to the fee or else you will be charged. Because we are a group, this does not apply to us. Also, the 3rd person to a room and each additional one after will be charged $40 each. Persons under the age of 18 years old are free. The person whom makes the reservations will receive the confirmation and not the person who you make the reservation for.

A shuttle is available from the airport to the hotel for a fee: 1 pax $51; 2 pax $53; 3 pax $55; 4 pax $57; 5 pax $59; 6 pax: $63; 7 pax; $82; 8 pax $92. Call or text Mr. T @ 1.808.756.1144 or email resort808@gmail.com to make reservations. Be sure to use code AHCC to receive a 15% discount.

Ho’olaule’a, Wednesday, October 29, 2014: Hulihe‘e Palace:

Menu: Kalua Pig, Chicken Long Rice, Squid Luau, Lomi Salmon, Poi, Rice, Haupia, Ko‘ele Palau, Cake, and juice. Dinner at 6:00 p.m.
Cost: $65.00 per person. (Includes bus transportation, Palace tour and a hula drama by Ke Kula O Nawahiokalaniopu‘u, Kea‘au).
Mainland Council, Association of Hawaiian Civic Clubs—Nā Lei Makalapua will host a community convening for Hawaiian Nation Building with a panel from the Department of Interior, experts from the Hawaiian community, Springfield College located at 17542 E. 17th Street, Suite 200, Tustin, CA, 92780 on Sunday, August 10, 2014 from noon to 6:00 p.m. Springfield College located east of 55 Freeway, in back of Sun West Bank, Park on the 2nd Level of Parking Structure to enter directly into COLLEGE. AOKHCC members invited to bring a snack to share. Join us!
Please contact Charlene Kazner (714) 290-8681 if you have any questions.

AOKHCC Nā Hana Lima No`eau Workshop Was Held

On June 28, 2014 at the PIHP’s Conference Center in Santa Ana, CA a special Saturday immersion program for AOKHCC members included a variety of Nā Mea Hawai`i (all things Hawaiian) art and crafts.
Pictured are sample project completed by nā kupuna Aunty Lori and Uncle Norman Mathews.
MAHALO for sharing your awesome work for members who missed the activity:

Hawaiian Nation Building Update
Advance AN OPTION for Native Hawaiian people to consider. Federal rules will open a door to an enhanced self-governance that is already open to every indigenous peoples in the US SECURES THE PROMISE of a federally-recognized Native Hawaiian government, completing the work of Senator Akaka. LEADS to strengthened legal protections for our trusts, our assets, and our programs currently addressing critical Native Hawaiian needs. KEEPS all options open as we move forward with nation-building.
DOES NOT CLOSE off any other sovereignty options or limit future choices.
Check out www.imuahawaii.org for details to support HAWAIIANS MOVING FORWARD, SAY YES!
JUNE was Men’s Health Month:
The purpose of Men's Health Month is to heighten the awareness of preventable health problems and encourage early detection and treatment of disease among men and boys. Alarming statistics show that men’s health is at great risk.

On average, men die almost 6 years younger than women and suffer higher mortality rates for the top causes of death. The lives of hundreds of thousands of men will continue to be threatened unless immediate action is taken to combat this growing crisis.

Research shows that:
- Men do not see physicians for a physical exam nearly as often as women
- Men are dying of the top causes of death at higher rates than women
- Men are more likely to be uninsured than women
- Approximately 30,000 men in the US die each year from prostate cancer

Nā Kāne Health Awareness MONTH reminder:
- Eat Healthy
- Get Moving
- Make Prevention a Priority
- 1 in 2 men are diagnosed with cancer in their lifetime compared to 1 in 3 women.

Silent Health Crisis
There is a silent health crisis in America…it’s that fact that, on average, American men live sicker and die younger than American women."

Dr. David Gremillion, Men’s Health Network

Health Facts: Men die at higher rates than women from the top 10 causes of death and are the victims of over 92% of workplace deaths. (BLS) In 1920, women lived, on average, one year longer than men. Now, men, on average, die almost five years earlier than women. (CDC)

Prevention:
Women are 100% more likely to visit the doctor for annual examinations and preventive services than men. (CDC 2001)

Who is the Weaker Sex?
- 115 males are conceived for every 100 females.
- The male fetus is at greater risk of miscarriage and stillbirth.
- 25% more newborn males die than females.
- 3/5 of SIDS victims are boys.
- Men suffer hearing loss at 2x the rate of women.
- Testosterone is linked to elevations of LDL, the bad cholesterol, and declines in HDL, the good cholesterol.
- Men have fewer infection-fighting T-cells and are thought to have weaker immune systems than women.
- By the age of 100, women outnumber men eight to one. (NYT Magazine 3-16-03)

Depression and Suicide
Depression in men is undiagnosed contributing to the fact that men are 4 x as likely to commit suicide.

Among 15- to 19-year-olds, boys were 4 x as likely as girls to commit suicide.
Among 20- to 24-year-olds, males were 6 x as likely to commit suicide as females
The suicide rate for persons age 65 and above: men...28.5 – women...3.9.

To learn more, call: Men's Health Network, P.O. Box 75972, Washington D.C. 20013
info@menshealthnetwork.org; www.menshealthnetwork.org

‘Āinahau Kane featured above
Victor Pang
Tom Kahihihara
Dennis Kazner
Julian “Colonel” Judd
Joseph Rodrigues
Eric Kahihihara
**August Birthdays**

4 PETER RIJKEN  
5 TOM KAKIHARA  
7 KAULANA CANTO  
10 LOUIS HUBBARD  
12 ARTLAND KA‘AI  
12 CHASE RUANO  
12 JOSEPH RODRIGUES  
13 KEALOHA BODE  
15 ANTHONY KAI RIJKEN  
17 BEBE HUFF  
19 ERIC ROTH  
20 PAUL SHELLABARGER  
20 DAVID KAZNER  
22 STEPHANIE UNDERWOOD  
26 NANI ROTH  
27 NANI BUSCH  

* FUTURE BIRTHDAYS SEND ME YOUR PICTURES TO BE FEATURED—mapg5@msn.com  
Maggie

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**Kolohe Lunch Corner**  
By Gil Kveen

**Coming Up:**

**Kolohe Date:** August 27, 2014  
**Time:** 11:30  
**Place:** Brodard Restaurant (Vietnamese cuisine/Nem Nuong), 9892 Westminster Ave #R, Garden Grove, behind the 99 Cents Only Store, turn into driveway at 15th off Brookhurst Street

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**Charitable Donations**

REMINDER: PLEASE SAVE YOUR ALUMINUM CAN POP TOPS. Gil Kveen is collecting pop tops from cans on an ongoing basis. The pop tops will be donated by 'Ainahau as a fundraising project for the Ronald McDonald House. ASK ALL YOUR OHANA/FRIENDS TO COLLECT FOR ‘AINAHAU TOO!

Paddy and Tom Kakihara continue to collect for the homeless small bars of soap and shampoos from hotels and any clothing for men, women & children!! Contact Paddy: pkakihara@yahoo.com

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**Next General Meeting**

**Meeting**

**Date:** Sunday, August 24, 2014  
**Time:** 2:00 p.m.  
**Place:** Farmers & Merchants, 12523 Seal Beach Blvd.  
**Next Date:** September 27, 2014

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**All Pau Until Next Time**
Date Submitted: _______________________________  Sponsored by: _______________________________

Name: _____________________________________  Spouse: _____________________________________
Hawaiian Ancestry  Aē____ A’ole____  Hawaiian Ancestry  Aē____ A’ole____
Hawai‘i Born  Yes___ No _____  Hawai‘i Born  Yes___ No _____
Birthday ______________  Birthday _______________

Address: ______________________________________
Number & Street  Unit or Apartment
_________________________________________________
City  State  Zip Code

Phone: _____________________________  ______________________  _______________________
Home/Residence  Work/Business  E-mail

Please list household members (children under 18)  Age  Sex  Interests/Talents to Contribute
1. _____________________________________  ___  ___  ____________________________
2. _____________________________________  ___  ___  ____________________________
3. _____________________________________  ___  ___  ____________________________
4. _____________________________________  ___  ___  ____________________________
5. _____________________________________  ___  ___  ____________________________

PLEASE CHECK THE COMMITTEE(S), WORKSHOP(S), PROGRAM(S) YOU ARE INTERESTED IN:

<table>
<thead>
<tr>
<th>Committees</th>
<th>Workshops</th>
<th>Performance Workshops</th>
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<tbody>
<tr>
<td>Budget &amp; Finance</td>
<td>Boutiques: Arts &amp; Crafts</td>
<td>A Cappella Choral Group</td>
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<tr>
<td>Ways &amp; Means</td>
<td>Na Keiki (children)</td>
<td>Music Group</td>
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<tr>
<td>Library</td>
<td>Kamalī‘i/Opio (teens)</td>
<td>Hula-Dance Group</td>
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<tr>
<td>Na Mea Hawai‘i</td>
<td>‘Olelo (language)</td>
<td>Health Education</td>
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<tr>
<td>Scholarship</td>
<td>Grant Writing</td>
<td>Aha ‘Ohana Olakino (‘Ohana event)</td>
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<td>Constitution &amp; Bylaws</td>
<td>Food/Catering Program</td>
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<tr>
<td>Charitable &amp; Welfare</td>
<td>Please list other special interests</td>
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<td>Membership</td>
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<td>Health &amp; Welfare</td>
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<td>Na Kupuna (Sr. Prgms.)</td>
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For more information please call: Maggie Perry at (714) 392-3450 or e-mail: mapg5@msn.com

‘Āinahau O Kaleponi Hawaiian Civic Club is a 501©(3) non-profit organization dedicated to the perpetuation and promotion of Hawaiian culture and its people.

DUES: New: ___________  Renewal: ___________  Date membership Accepted:

<table>
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<tr>
<th>Membership</th>
<th>Amount</th>
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<tr>
<td>Single Membership, 18 years and older</td>
<td>$25.00</td>
</tr>
<tr>
<td>Single Parent with Family:</td>
<td>$30.00</td>
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<tr>
<td>Student Membership (full time)</td>
<td>$10.00</td>
</tr>
<tr>
<td>Ohana/Family Membership:</td>
<td>$40.00</td>
</tr>
</tbody>
</table>

Please complete your application and send with your check payable to:

AOKHCC - MEMBERSHIP
12534 Valley View St., #343
Garden Grove, CA  92845

Mahalo Nui Loa
Officers:

Pelekikena, Charlene Kazner
Hope Pelekikena 'Ekahi, Edye Hill
Hope Pelekikena 'Elua, Ualani Ho'opai
Pu'uku, Eric Kakihara
Kakau 'Olelo Ho'opaa'a, Lehua Swope
Kakau 'Olelo Ho'oholo, Maggie Perry
Sergeant at Arms, Gil Kveen
Immediate Past President, Analani Imbach

Address:
12534 Valley View Street, No. 343
Garden Grove, CA 92845

Website: www.aokhcc.org

Year Chartered: 1982

Motto:
E Malama 'Ia Na Pono O Ka 'Aina E Na 'Opio
“The Culture of the Land is Preserved in its Youth”

Board of Directors:
Maile Hill
Maile Hubbard
Victor Pang
Rose Burns
Lani Ryan
Ululani Cortez

Club Flower: Pikake
Club Colors: White, Peacock Blue, Seafoam Green
Club Song: ‘Āinahau
Newsletter: Kahakuhi O ‘Āinahau
Editor: Maggie Perry (mapg5@msn.com)

Na Lei Makapuua Representatives:
Gil Kveen and Jane Pang